



INSTRUCTOR: MS. GREENE

COURSE: SPANISH HERITAGE 2 H



PROJECT SUMMARY



- Students research wellness practices of their native countries and share them in one of two ways. Students are required to either create a video tutorial where they demonstrate how to prepare traditional dishes from their native countries or they create a podcast episode that explores gastronomy and wellness practices of their native countries, which requires interviewing experts, sharing recipes, and discussing cultural aspects.



DRIVING QUESTION

- How do the gastronomy and wellness practices of our native countries reflect the essence of our culture, and how can we share this knowledge with our community?



SUSTAINED INQUIRY & AUTHENTICITY

- Students will reflect on the products, practices, and perspectives of their cultures. By making healthy choices and sharing information about our individual cultures with others students will be able to better citizens living in our diverse world.



STUDENT VOICE & CHOICE WITH PUBLIC PRODUCTS

- The videos and podcasts can be posted on school social media sites.



TEACHER REFLECTION

- The videos turned out so well this year! I think it really helped to set up the unit to go step by step and have slides prepared for students to document their information. It made the reflective writing and the videos go more smoothly. I was very impressed with their products!



STUDENT REFLECTIONS

- "It really made me break down things into simpler terms, specifically when it came to teaching the step-by-step instructions for the recipe."
- "I learned how to edit videos and really fine-tune them, making them engaging yet informative. It was also interesting to express my culture in something tangible, even food."
- "It surprisingly taught me to be proud of my work and speak about it, more so than a typical project."



NOTED SKILLS GAINED

- PUBLIC SPEAKING
- TEACHING
- VIDEO EDITING
- PATIENCE

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